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The READY Life
BUILD ON PURPOSE with Crystal L. Jackson

Build On Purpose | Win the Week

The "Big Vision" can feel overwhelming when you try to accomplish everything at once. Week 6 of the 10-week Build On Purpose experience moves us from reflection into execution by breaking that vision into smaller, intentional actions.

You don't have to figure out every step today. Start by deciding what matters this week.

THE MINDSET

Coffee with Crystal : How Many Times Are You Going to Start Over?

How many times have you convinced yourself you need a fresh start simply because things didn't go your way? What have you abandoned because you got off track?

A missed day, an unexpected setback, or an unproductive week doesn't erase the work you've already done. Before you start over, consider what you can adjust and continue.

READY REFLECTION

Where am I overwhelmed, and what have I been tempted to abandon because it hasn't gone as planned?
Explore the 10-week Build On Purpose experience at www.thereadylifewithcrystal.com.

THE STRATEGY | Win the Week

Make your big vision manageable by giving this week a clear focus.

1. **DECIDE:** What matters this week? Choose three meaningful actions that move your vision forward.
2. **DECLARE:** "I don't have to do everything. I have to do what matters."
3. **DO:** Put those actions on your calendar, take the first step, and review your progress at the end of the week.



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